

Outcome Independence – Webinar

Let's get started. This is the webinar on outcome independence. This is under the Alpha Male 2.0 Business and if you come at us from my Sovereign CEO business. I have two online companies. I have Alpha Male 2.0 and Sovereign CEO. If you are unfamiliar with Alpha Male 2.0. Sovereign CEO we talk about Five Flags, setting up a business, things like that. Alpha Male 2.0 we set up, we talk about lifestyle design for men specifically dating multiple women at the same time, testosterone, anti-aging, lifestyle stuff. This topic spreads across everything. Everything I do, everything I talk about and it's one of the most important topics we have. As a matter of fact I'm looking at my notes and I'm going to go as fast as I can here. I'm going to go fast and it's okay because you guys are all going to get a copy of the video, the audio, the notes I'm using and the transcript of this entire webinar. If I run too fast, don't worry. You're going to get all this stuff.

Leverage Skill

I'm going to have to go fast because I don't know if I can fit all this in an hour. I'm going to talk for an hour or so then I'll open up for Q and A and I'll stay as long as I can but there's a lot to talk about because outcome independence and Scott Adams said this, Mark Manson has said this, many other people said this besides me. Outcome independence, the art of not giving a shit is as close as you could come to a real life superpower. When you have it, it is what I call a leverage skill. A leverage skill is if you learn this skill it improves all the areas of your life instead of just a few areas. Most business skills, if you learn those skills it'll improve your business life but it won't necessarily improve your family life or help your fitness life or help your woman life or help your Five Flag stuff. It might but it might not whereas certain leverage skills, another one is time management. If you're really good at time management it helps all the other areas of your life, all of them. Outcome independence helps all the other areas of your life.

By the way really quick housekeeping. I almost forgot about this. It's been a while since I've done one of these topic-based webinars so I'm a little rusty. With Webinar Jam, if there is a delay in the video or something like that just let me know in the comments I'll try to keep an eye on those. I will not answer any questions while I'm going until the end. If I'm saying something and you have a question on that go ahead and put it in the chat. I'm not going to answer it when you type it. At the end I will rewind the chat and I'll go through and answer all questions. Let me pull my notes over here and I'll be drinking a lot of water too which is just what I do because as you can tell. There, I just dropped my cap. I drink a lot of water. As a matter of fact when I talk about drinking water it actually helps outcome independence. Huh? Yes, it does.

Examples

All right. When you don't care, when you don't give a shit, when you're like eh, whatever. It will help all areas of your life. I'll give you several examples. Your business life so and I can tell you this for a fact when

you're selling yourself, if you are a consultant trying to get new clients, if you have an online business you're getting new customers, if you're a YouTube personality or Instagram personality and you're trying to sell your content. It doesn't matter what you are. If you're a salesperson on the phone doing phone sales, it doesn't matter what you're doing. If you don't give a shit if you get more customers, if that comes across you're nice and polite but you clearly don't need the business you will get more business and they've done studies on this. You will actually close more sales. Trust me. Prospects and people on the internet can smell if you're hungry. They can tell. I'm my business background is a consultant. If I go into a big client, big possible account if I'm going up against another consultant. Let's say everything's equal. Let's say he's the same age as me, he looks about the same as me, same experience as I am, relatively all things remaining equal he's just as confident as I am but he really needs the money. He needs the business and he really wants to get this client because oh my God, this client will change my life. I get this client I'll make so much money I'm so excited or it's my first client. Oh, I need a client so bad. I go in and I don't give a shit.

If I don't give a shit if I get the clients, I really don't care. I'm nice and polite. I got to make that clear. Outcome independence doesn't mean you're an asshole. It doesn't mean you sit like yes, whatever. I don't give a fuck. We work together but I don't need you. Fuck you. I'm saying you're nice and polite but it's clear you don't need the business. The odds are overwhelming they'll go with me than they'll go with the other guy who's more hungry. That's in all areas of business. Same thing if you're hiring people, same thing if you're doing joint ventures, if you're looking for strategic partners, all those things. People can smell it on you. I get offers all the time. I get emails all the time of guys offering business things, business ventures and business ideas and I can tell the ones that are hungry just in the email I can tell. Oh my God, please work with me. You're so amazing. Oh my God, I really need the money. It would be so great. I can tell the guys look, if you want to do this it would be great. If not, I understand. Very cool. Who am I more likely to go with? The guy who's more outcome independent. Outcome independence is attractive. People can tell. You will have an immediate income boost especially if you're self-employed, if you're outcome independent, number one.

Number two, dating. If you're on a first date with a nice, hot chick and you really need this to work. You're super excited because she's so hot and I'll never get another girl that's hot ever again on a first date so I really want this to work. I've worked with guys. I've seen guys on forums and things. Guys I have a date tonight and I'm really nervous because I really don't want to screw this up. I really want this to work. You're fucked. You're too outcome dependent. If you're on a first date and you don't give a shit. You're nice and polite you're a pleasant person but she can tell you don't give a rat fuck if you ever see this woman ever again even if she is your version of a perfect ten. She will be attracted to you and she won't even know why. As I talked about on my Alpha Male 2.0 content, my dating materials outcome independence is the most attractive quality men can have to women that is non-physical. It's a scenario where the women are attracted to you and they don't even know why. They're like this isn't even my type. That's by the way how I attracted the woman who's now my wife. On our first date she'll tell you this. She's like he's really not my type but I like him. I don't know why I like him. Outcome independent. She's

very pretty and so there are a lot of guys drooling all over her when she had first dates. She's not the only woman that I've been with in that scenario. That's how this works.

By the way side point, the better looking the woman is and the more higher SMV the woman is in terms of lots of guys drooling all over her, the better outcome independence works. It's actually more effective on better looking women. Today my FBs, I'm in an open marriage and my women outside are called FBs. my FBs, some of them are famous Instagram models with millions of followers. It works on them because I'm not outcome dependent and they're not used to it. Also in your interpersonal relationships, not only dating but guys who are your friends, people you network with, people you have a social life with, women who are platonic, just people who know you, acquaintances you will be more attractive as a person. People want to hang around you more if you're outcome independent, if you don't give a shit because often if you don't give a shit, you let them talk more. It's a common social technique to be interested rather than interesting, a core technique. You can read about this in Dale Carnegie's books about how you should ask questions and listen. If you're outcome dependent you're going to be talking because you want them to like you. If you don't care if they like you or not you'll become more attractive. I'm talking about in a platonic way, with platonic women and with men assuming you're a man. I'm going to make an assumption you're a man. If you're a woman, please forgive my analogies with this.

Family Life

I'm here in Paraguay. This is a Latin country. In Latin cultures and in Asian cultures. Oh it's so exhausting listening to these people. I love the Latin people. I love them to death. I love Asian people. I love them the death but the part that is exhausting is they're so up their family's assets. They all outcome dependent and worried about what their mom is doing and what their dad is doing. My sister's so stupid. My brother's so stupid. My cousin's such a bitch. My cousin's an asshole. No, no, no. It's all about their family, family, family. They're all worked up with their family because they're so outcome dependent of what their family is doing. I don't give a shit what my family does. I'm very, very happy. I don't care. I love them. They're great. I don't care what they do. They're adults. They can do whatever they want. I'm outcome independent. The more outcome independent you are the happier you will be. Your overall level of happiness, that's the final thing about this. The more outcome independent you are the happier you will be long-term. I teach long-term, masculine happiness. That's what I teach.

The more outcome independent you are, the happier you will be. Listen to me very carefully when I say this because it's a fact. It is not possible to be long-term consistently happy if you're outcome dependent. I don't care if you're the most alpha guy on earth because I talk about the Alpha Male 1.0, the Alpha Male 1.0 is an alpha who's ripped, good looking, strong, gets laid, is successful in business, maybe but he's outcome dependent. He's angry all the time. He's arguing with people all the time. He's upset on a regular basis. He is not to be long-term happy. He can't because he's too outcome dependent. It doesn't matter how alpha you are. It doesn't matter how smart you are. It doesn't matter how rich you are. It doesn't matter how good looking you are. If you are outcome dependent you will not be able to be long-term happy. It's not possible for you. Outcome independence is a requirement of long-term consistent

happiness. It is a required ingredient. It's like making a cake without I don't know. I don't bake. It's like making an omelet without eggs. Sorry for the dumb analogy.

Outcome Independence

First we have to define what outcome independence means because people will say well, wait a minute how do you get anything done if you're out of independent. If you're outcome independent that means you won't strive for your goals. How will you get laid if you don't care about it? You won't take the actions necessary to get laid. How would you go make any money if outcome independent? Technically they're true. If you're truly a 100% outcome independent, you would lay in bed all day and eventually die because you wouldn't care. That's not what outcome independence means. Outcome independence means you want the end result but you do not care about any individual interaction. You want the macro. You don't care about the micro.

For example, when I started out in the dating world a billion years ago I wanted to have three attractive women on rotation which I could have sex with all three of them, date all three of them and they all know I was dating other women. They didn't care to give me drama about it. That was my goal. I was outcome dependent if you want to say about that goal, the end game goal. I did not give a rat fuck what happened on any first date because I knew I had other women I could meet. I was in a city of about two or three million people. I said if this date doesn't work out she's not the only hot girl in the whole city of 2.3 million people or whatever it was so I don't care. I didn't give a shit about each individual date. I didn't give a shit about the result of each individual relationship. I didn't give a shit about the result of each individual woman, each woman I was messaging on dating sites or swiping. I didn't care. I wanted the goal but I didn't give a shit about anything else. If you have a business goal, I have big business goals. I have those goals and they're very important to me. I repeat them to myself. I have affirmations every morning. I do it every morning five to six days a week. I want those goals but I don't care about any individual day or week or possible prospect or possible client or possible business deal. I don't care what the outcome is because I don't need any one client or one customer or one person or one podcast or whatever to meet any of my business goals. I don't give a about the details in terms of the individual interactions. I am outcome independent on the individual interactions. I don't care. All I care about is the end game objective. Does that make sense? That's what outcome independence means when I talk about it.

Let me give you a really good analogy. This came from one of my mentors, a guy named Dan Kennedy, a long time ago. He said when I go on an airplane, I'm in Phoenix, Arizona. I'm going to go to New York. When I go on the airplane and I get on the airplane I go to New York. I know a 100% positive I'm going to end up in New York. I don't think the plane is going to end up in Mexico City or Germany or Dubuque, Iowa. It's going to get to New York so I know that's the case. I am outcome dependent and I need to get to new York so I'm outcome dependent on getting to new York but I assume I'm going to have massive problems in any individual scenario on the way to getting there. For example, I'm going to go to the airport and there'll be a huge line. I'll wait two hours in line. I'll get up there and they'll hassle me about my passport or my driver's license about the plane ticket. They'll give me the wrong plane ticket so I'll have

to go back and get the correct plane ticket. I'll go through security. They're going to be total pricks. They'll make me take off all my clothes. They're delaying me again. They're going to delay me another 15 minutes.

The plane's going to be late. I'm going to be sitting there for an hour. When I get on the plane they'll sit there for 45 minutes on the tarmac and they won't take off. Then we take off the food that they serve me will be poisonous. If I eat the food I'm going to puke and throw up and die. I'm going to sit next to a big giant fat ass. I'm going to sit next to a 400-pound man who's going to mash me into the wall and it's going to be awful. The stewardesses, the flight attendant staff are going to be total bitches to me. They're going to be mean and they're going to be surly. It's going to be awful. The flight's going to be terrible. Then eventually I will land in New York late but I will get to New York. Therefore he is outcome independent about all these problems. He expects all these problems therefore he expects it. He doesn't care. He knows there's going to be problems. He doesn't care about each individual problem. He's outcome independent but he's outcome dependent. He's confident. He wants the end game goal of going to New York. Does that make sense?

That's how I live my life. I am one of if not the happiest man that I know and that's at any income level at any age at any woman scenario. Guys who get laid a lot. Guys who never get laid. Guys who are married. Doesn't matter. I'm the happiest guy I know and one of the primary reasons because I'm outcome independent on everything. On a scale of 1 to 10, I've said this before, my outcome independence is about 11. As matter of fact actually we'll have some problems because I will be so outcome independent. I don't give a shit about anything. That's better to have those problems. That's an example of how this works. We're operating under the assumption here that you have a strong mission and strong long-term goals. You can definitely have those and you want those. That is outside the scope of this particular webinar but having those will help because you're looking forward into the future.

Here's a quick example. I just did a TikTok video about this. I am part of a coaching program for higher end business owners. You have to own your own company and make at least half a million dollars a year or they don't let you in the program. The guy that runs the program is a guy who makes I think 18 million dollars a year. That's his income not his net worth. That's what he makes and he works three days a week, three and a half days a week so he knows what he's doing. One of his techniques is never set a goal that is less than in your business now that is less than 25 years. Don't set annual goals. Don't set quarterly goals. That's dumb. Set 25 year goals and that's it or more. If you're old, if you say well I'm 50. In 25 years I'll be 75. You better set another goal that when you're 75 you're not only alive but you're spry and you're healthy and your functional. He doesn't actually expect people to do this. What he's trying to show is that you have that goal that's so big and way out there you don't give a shit about, if you have a 25 year goal and that's your goal in life. Do you give a shit what happens this week? Not really. If you have a shitty quarter, do you care? No, not really. You want to make progress in that quarter but you don't really give a shit because your goal is so far out there. It's a way of him teaching outcome independence. That's how this works.

The Rule of One

I mentioned this earlier. We're getting the technique now of how you become more outcome independent because I realize this is difficult. The rest of this webinar, I'm giving you technique after technique after technique on how you can become more outcome independent and I realize it's easier said than done. First off, top of list the rule of one. This means and you have to remind yourself of this constantly. You don't need one of anything to accomplish any goal you have. If you're a consultant you don't need any one client to accomplish your business goals. If you have your own business you don't need any one customer or even a small group of customers to accomplish your business goals. You don't need any one business deal to accomplish your business goals. If that one client or prospect or customer or business deal or the whatever you're trying to do. Podcast, you're trying to get on, whatever it is it, doesn't matter. If that fails you don't care because you don't need them. You just go on to the next one. You don't need any one person. It's very simple. You don't need any one customer. You don't need any one job. If you don't have your own business but you should but you only need one job to pay your bills. If your job sucks you could quit your job and get a different job. Now you don't give a shit what happens to your job.

Women, your woman life. If you have woman objectives, if you want to get married or get a girlfriend or have sex with a hundred women or whatever it is your goal, your woman goals are. Every guy has different goals dependent on their age and things like that. You don't need any one particular woman to meet that goal. As a matter of fact if you're Alpha Male 2.0 you need multiple women anyway because you date multiple women at the same time. We'll talk about that a little bit. do you give a shit what happens on any one date? No. That's how I was able to go from divorce, dumbass, beta male dad to a guru level dating guy in two and a half years. One of the biggest reasons was, there's several reasons but the biggest reasons was I didn't care what happened on any individual first date even if she was my version of a 10 or an eight or a nine. Even she was gorgeous and I talked about this. I've had dates, well I've had them now but I had them back then and I went oh, I actually had to calm myself down because she was so amazingly hot. This happened several times especially when it was new. I was new at doing this stuff. I can't believe someone this hot is on a date. Oh my God and I still said you know what? If I never see her again okay. If we have sex right now okay. Either one is good. Don't care because I don't need any one woman. Remember my goal was three not one. If your goal is one it shouldn't be but even if it is do you need that particular woman on that particular date? If that particular one on that particular date rejects you and calls you an asshole, throws a drink in your face never see her again. Now you can't get married ever again to anyone else? No, you can marry someone else.

You don't need any one of anything. If you do five flags like a talk about in Sovereign CEO you don't need any one country. Most of you are not doing five flags. Most of you are dependent on one country so you're all worked up about that one country. Who's going to be the president? I mean Americans are bad enough but I'm in Paraguay and they're not as bad as Americans but they're pretty bad. They're going through a presidential campaign right now and they're all furious about the president because he's corrupt and it's awful because they're not doing five flags. They're totally dependent on one country. Actually, you know

what? You don't need one country. You can depend on several. I have residency in six different countries now. I don't give a shit what happens to one country. I don't need any one country. I don't need any one city. I live in Dubai. Guys on my YouTube channel sometimes say to me what happens if Dubai duh-duh-duh-duh-duh. Then I'll go somewhere else. I have residency in five other countries. I don't care. They go oh because they're coming at it from they're dependent on one country. They're outcome dependent but what happens in that one collapsing, stupid western country. I could go on and on and on but you get my point.

One possible objective of this, you might say well what about my family members. I only have one mom. I only have one dad. I only have one child. Family members are a gray area. You can't replace your family members. You can't replace your mom although you kind of can. If your mom is absolutely dreadful and you have to like divorce your mom from your life. You can find a surrogate mother figure. I've seen women do this. I've seen many of men who had no dads or horrible dads they seek out an older man in their social circle and they have kind of this father figure. You can kind of replace your family members too if they're horrible. You don't want to do this if they're not horrible but you can mitigate how much influence these people have over your life. This is not a webinar how to deal with your family but because you're outcome independent about your family you don't care what they do. I love my parents. I love my siblings because I have many of them. I have nieces and nephews. I have a big family because I come from a catholic Italian family. My parents had a lot of kids. I'm outcome independent over them so they have less power over me. No, I can't replace them literally. I can't literally replace my mom. I can kind of replace my wife if I had to but do you see what I'm saying? You can mitigate the influence they have over your day-to-day outcome dependence, your family members. I realize if you are not white especially if you're Indian or Asian, that's tough. That's a very difficult process for you. It's going to be a harder road for you to do that. Topic for another time but I'm just saying it is possible to do. I've known Indian guys. I've known Asian guys who were able to become outcome independent about their families like I am. It's harder but they can do it.

Redundancy

This is the tactical part of this. Let's talk about the word redundancy in terms of the engineering definition of the word. My entire life is about redundancy and I'll give you specific examples in a minute. This makes me more outcome independent because I am following the opposite of the rule of one. I have no one thing in any area of my life. I'll talk about it in a second. I'm going to read the exact definition. I'm talking about the engineering definition of the word redundant because the standard word, the standard meaning of the word redundancy is actually a negative word. This is a positive word. The engineering definition, if you're an engineer you probably already know this if you have an engineering background. The duplication of critical components are functions of a system with the intention of taking over for another if something breaks thereby increasing the reliability of the system or to improve actual system performance.

Let me give an example. I have an IT background although it's very out of date. I was an IT nerd, IT consultant back in the 80s, 90s, early 2000s. I assume they still have this. You IT guys can correct me. We

had hard drives that were called RAID 5 array. In a computer and a server you didn't just have one hard drive. That's stupid. What if the hard drive dies, you're screwed. Your whole network is down, your whole company's down. It's a big problem. Instead they had a what's called a RAID array, RAID 5. They had three hard drives or more. At least three where you had two redundant drives. If one died, you couldn't even tell a hard drive died. You get a little message on the screen or it would email the administrator hey, drive number one died just replace it at your convenience and the server just kept running on the two drives. In many cases the users couldn't even tell a drive had died. You can also get redundant power supplies in big computers or servers where if the power supply burns out the other one kicks on or stays on and the computer stays on. Redundancy so instead of having one of something you have multiple of something. Now if the one thing dies or has a problem or goes away or breaks up with you or collapses or goes out of business you're pissed. It's irritating but you're okay. When you have that you become outcome independent because now you don't care.

The reason most of you are outcome dependent is because you're not practicing this at all. You're not doing five flags so you've got one country. You're all worked up about that one country. You don't have your own business. You have one source of income called a job. You're all pissed off about that. Whenever your boss is up to something stupid, you're all mad about this and you're all worried about what people in your job do, your coworkers, your boss in your industry and you're all outcome dependent about that because you only have one source of income. If you have five jobs that all pay equally do you think you'd give a shit if that was possible. It's not. That's why you have business instead. Your business owners, most business owners have one business with maybe one or two, maybe three in the outside income streams. If that one business goes out of business they're fucked. It doesn't matter if they make a million dollars a year. I know guys who make seven figure incomes who have one business with one income stream. They are stressed as hell. Talk about outcome dependent because they know if they go out of business, if anything happens to them they're fucked. All these YouTube guys back in the day before the apocalypse where YouTube pressed a button and suddenly dropped their income by 95% and they freaked out because they only had one source of income, one business. Dumb, stupid. Don't do that.

The most dangerous number in your life is number one. My rule of my life is not have one of anything. I'll give specifics in a minute. Not have one of anything ever, ever, ever, never ever, never. Even if it's weird to have multiple women because I want to be outcome dependent. I want to be happy. I don't want to worry about this. Always have at least two or more of these things in your life. I'm going to give a quick list. Customers, if you have a business. Let me address that. A lot of guys go into business they become freelancers or consultants and they get one client. That one client gives them 40 hours a week for like six, seven, eight months they have one client. If the one client fires them guess what? They're fucked and they're always worried about this or when the contractor fires them they get all worried and freaked out. You shouldn't have one client. You should have at least five. Stupid. Multiple businesses, I have three companies. Really that number's in flux right now but I do have three companies. I have about 17 income streams last time I counted. Maybe it's a little more, a little less. 17 income streams so if one of my businesses goes out of business I'm pissed off. I'm upset but I'm fine. I can still pay my bills. I don't care.

Okay, I have 17 income streams. Let's say three or four of my income streams immediately dry up. They're gone for whatever reason even if it's outside of my control. I'm upset. I'm pissed off but I'm okay. Don't care. I'm good to go because I have multiple.

In your company, your staff so one of the rules of my business is that every staff member has to have someone else in the company who knows how to do their job especially the admin side or technical side. If you're doing something in my business and you're responsible for that task there needs to be someone else in the business who knows exactly how to do that, in case you die, quit, get sick, turn into an asshole, whatever. If that ever happens you're gone. The next person steps right in and the work gets done. Redundancy. Now I don't unlike most business what if so and so quits. Oh no. What happens in companies I could tell you is a professional business consultant with 25 years of experience this happens all the time. You probably experience this. You'll have one or two people in a company who are assholes. They're just pricks. They're totally toxic people. Everybody hates them but they're really good at their jobs and so the owner just puts up with their shit and lets everyone else put up with their shit because they're really good or they're really good at one thing. The owner says well can't fire Larry because then who would do this. Stupid. Redundancy.

Investments, I have approximately last time I counted 13 different investments. I'm invested in 13 different sectors. I'm diversified. All these guys who put money in bitcoin. Look what happened to them. Look what happened to them a few months ago. Not happy are they. Stupid. You have to diversify. Yes, I know Warren Buffett said put all your eggs in one basket and watch that basket. You're not Warren Buffett and neither am I. I'm sorry. All these guys who they're the only investment they have is real estate in one city. They got a bunch of homes or they got some commercial real estate in one city. Terrible idea. What happens if something goes wrong that city, if there's a real estate crash? You're fucked. I'm in 13 different things. I'm in things that have nothing to do with each other. I always will be and I've never lost money in my investment portfolio in any given calendar year throughout my entire life ever. It's a fact. Some years I'll make one or two percent of my money but I've never lost money. I'm the only man I know who has a net worth, that has investments who can say that because guys usually lose money somewhere because why? They're not diversified. They're all in on the stock market. Stupid. One of everything is bad. If you're invested in one sector you're going to be all worried about your investments. You're going to be one of those guys. Talk about outcome dependent. You'll be checking your investments every morning. Sometimes you see guys now they put up Robin Hood on their phones so they check Robin Hood five, six times a day. That's not outcome independent. It's the opposite outcome dependent. Is that a low stress, happy lifestyle? No.

Countries, five flags. I have residency in six different countries. I have approximately 12 different flags all over the world. Flags, residency flags, living flags, backup flags. Right here in Paraguay this is one of my primary flags. If there's ever a problem with my country Dubai, I snap my fingers. Within 72 hours my wife and I are in some other country in a different apartment. We're fine. Therefore I don't give a shit about Dubai. Most of you who are Americans really give a shit about Trump and Biden and all that shit because

you don't do five flags. You're relying on one country. I'm reliant on about six, seven, eight countries so now I don't care. One of anything is bad including one country. That's why I teach five flags.

Banks and bank cards. Here's what's a really funny thing. I've noticed people do this. They have one bank account and one debit card. Their debit card number gets stolen on the internet so the bank says sorry, we have to cancel your card. We'll send you a new card in a week. I've dated women like this. They freak the fuck out because they have one debit card. It doesn't work so now they can't pay their bills for a week. They can't buy food for a week because they have one bank account card. Stupid. What the hell are you doing or one credit card or what have you? I bank at about I don't know what the number is eight different banks all over the planet earth. If any one bank goes under or gives me a bunch of shit or the debit card doesn't work. Here's my wallet, I have one of these compact wallets. I forget what they call these things, carbonite wallets. I forget. Most of these cards there are debit cards from different banks. If any one of them don't work no matter what country I'm in okay I'll pull out another one use the next one. That doesn't work, I pull the next one. One of anything is bad.

Women, this is Alpha Male 2.0. I teach in my Alpha Male 2.0 content non-monogamy. If you're monogamous that is terrible because you're going to be outcome dependent on everything this woman does. What if she breaks up with me? What if she gives me drama? I got to put up with her because I can't fuck someone else because I only have one. Great, what happens if she says no to sex? Do you have sex with other women? Nope. Now you're just going to jerk off to porn like a 15 year old. Have fun with that. That's great. I am never dating less than three women at any given point in time. I've been living that way for 15 years. I'm married. I've been married for about four years now. Been together with my wife for about eight years. I have numerous FBs all over the planet. Some in Dubai, some here in Paraguay, United States, all over the place.

Let me give you an example. I used to have a normal marriage, normal, monogamous marriage. Back then if I want to have sex with my own wife and she said no, which is what wives are biologically wired to do after three years of living with a man in a monogamous relationship. Look it up. Look at my data. You can read my content on this. If she goes no, then what do I have to do. Well God damn it like every other monogamous boyfriend and monogamous husband. Then you're fighting. She's like I'm not your hooker and you're fighting and fighting and fighting and fighting. Then you go to bed with blue balls. You have to jerk off like you're a 15 year old. Stupid. Today, my wife is beautiful. She's a high sex drive woman. This doesn't happen very often but when it happens when I want to have sex and she says no, she doesn't usually say no. I say okay, I just pull out my phone. Schedule up with my FBs for the next day and I go get laid. I'm outcome independent about her saying no. She can do whatever she wants. Here's the beauty of this. This is how women work because she knows I do that she doesn't often say no. She rarely says no. It happens. She's a woman but it's rare that she says no. It's very rare. I can't remember the last time it happened without there being a medical reason. The last time it happened she physically couldn't do certain things because there was a medical thing but outside of that I can't remember when. She's done

it. I mean she's done it but it's probably been years. See how this works? I can be outcome independent upon my sex life. My women life is great.

I could go on and on and on give many examples. If you have one of anything you got a problem. First off, your mission in life should be to design a lifestyle that is more akin to mine where you have two or more of everything in your life customers, businesses, income streams, banks, countries, women, everything you can think of. This is not an exhaustive list. There are some other things I'm not thinking of that you should have multiples of that I can't think of. These are the big things that came up off the top my head but there's other things too. I mean we could get into really weird scenarios like multiple children. I mean I'm not big on having kids. I have two kids but I mean you could add all kinds of scenarios these things on what you want to do.

Outcome Dependent

Next technique. This is when you are outcome dependent about something particularly if you are frustrated about something, pissed off about something because you're outcome dependent about it. Usually when you guys say I have a real problem with being outcome dependent. Anger right? The next time you're feeling frustrated, angry, outcome dependent especially if it's something that you know you shouldn't be. Here's the technique to follow. You will have to do this technique several times for it to help. If this is not a magic wand where you do it once and suddenly you're outcome independent like Caleb. No, you're going to work on this. This is a work in progress. By the way I should mention some personality types are more outcome dependent than others. Some Myers-Briggs MBTpendent than others. On the masculine feminine scale, everyone's personality, this is not about gay or straight. All straight men are on a scale from feminine to masculine. I'm extremely masculine. A lot of men are kind of in the middle. Today's men are kind of over here feminine-ish. The more feminine you are the more outcome dependent you will tend to be. Women are more outcome-dependent than men and the more feminine woman is, the more feminine she's on the extreme verts end of the feminine scale she's extremely outcome dependent about all kinds of stupid shit. She knows it. It's just her personality. Just be aware that some of you will have to work a little harder than others. I probably didn't have to work quite as hard as other certain personality types. Just be aware of this but I still have work. Be aware. If you're a more outcome dependent personality type you have to work a little harder to get into the outcome independent zone. Don't use that as an excuse. I'm a feminine person or I have this type of Myers-Briggs which I can't do it. No, you still can. You can become outcome independent. There's no excuses. I'm just saying it might take a little more work for you to get in that zone. That's okay.

Why do I care?

Here's the technique you use. It's called why do I care. Here's how it works. Let's say you are encountering a scenario or a thought or a concern and you're getting pissed off about it, frustrated about it because you're outcome dependent about it. You ask yourself why do I care about that. Then you listen to your mind. You've got to calm down first. Take a few breaths, calm down. Then you listen to your brains. You say okay, why do I care about that? Well I care about that because of this. Okay, why do I care about that?

You keep going and pretty soon if you go several levels deep you're going to get a very dumb answer. It doesn't make any sense and be like huh, why do I give a shit about this? I shouldn't give a shit about this. I'll give you an example. What's the example to use? I'm trying to think of a complaint. Here's a complaint that pisses guys off. I swiped a girl on Tinder and we scheduled the first date. She's 23 minutes late and that's bullshit. You're all pissed off that she's 20 minutes late. Not even 20 minutes, she's 15 minutes late and you're furious. You're livid. Women should respect my time. You're all pissed. Here's what you do. You're outcome dependent. You think if a woman is 15 minutes late for me I give a shit. You think it registers on my radar. Nope. Women are late. It's part of being a girl. I don't give a shit. I pull up my phone. I get work done. I don't care. It's fine. Make a phone call. I don't care. Let's say you're all pissed so it's just an example. If you don't get pissed by women getting late use whatever scenario you would get upset about in your life.

You say okay, I'm upset that she's 15 minutes late. Why do I care? Because women should respect my time. Women should respect me. Why do I care about that? Because women should respect men. That's what maybe your brain says. Well women should respect men. Why do I care about that? Because I watched an Andrew Tate video a year and a half ago that said women should respect men or I read a Ruche article six years ago that said women should respect men or my pastor at my church said when I was a little kid when I was eight that women should respect men. Then what you do is you attach it back to the original scenario. You're like okay so I'm sitting here pissed off at a Starbucks for some random chick on tinder who I don't even know because I watched an Andrew Tate video. Why do I give a shit what Andrew Tate thinks for example? Then if you do this correctly your brain goes yes, that is kind of dumb. That's how you do it. Why do I care about that? Why do I care about that? Why do I care about that? Some of you might just go depending on the scenario just go three levels. Okay, I get it. If you keep doing this, eventually you'll go like two or three levels deep and you'll immediately start going. Okay, I know where this is going. This is stupid. I just got to relax. Who cares about this?

Alternative options

In this scenario you're all pissed off. Well this woman should respect me. Then you ask yourself alternative options. Remember the number one. You go back to alternatives. You say okay this woman doesn't respect my time. Is this the only woman on Tinder I can get a date with in the city? Your brain will go well no. then why do I care? She's really hot. Okay. Is this the only really hot woman I could possibly go on a date with in this city of four or five million people? Well no. Okay, why do I care then? Good point. Here's another approach that you can attach onto this if it doesn't work because if you ask why do I care? Why do I care and I'm still mad. These are alternate approaches.

Here's a second alternate approach if this isn't working. I've asked myself I've asked this myself many times and I've helped other people when they're getting upset or worked up or outcome dependent about this. I pose this for other people and helps them usually. Will this matter in six months? Will the reason you're upset right now matter to you in six months? Odds are the answer is no. Odds are you won't remember this in six months? Then why are you pissed off about it now. Seriously. You know that saying

we'll laugh about this in five years or in three years we'll be laughing about this. That's true and that's a great, great frame to have. I can give you many examples and you probably have many examples of scenarios that were horrible in your past that were just awful that today you joke about. I'm sure you have those because I have them. I've lived a pretty good life. I had a scenario 30 years ago when I was 20 years old. I've mentioned this before in some of my content where I forgot my wallet and all my cash. This way pre-internet. No credit cards, no cash, no nothing. I had to walk through a strange city I'd never been to go to this business convention with no money. I almost had to spend the night on the streets. I had no idea where I was going. I got sunburned to the point where I was so red I looked like a lobster. I almost got knifed by a Mexican gang. I mean it was really horrible. It was very scary. Today, I love telling that story. It's one of my favorite stories. It's great. I could have said to myself this is going to be a great story someday so who cares back then when I was outcome dependent.

About 15, 16 years ago I went through a divorce. It was pretty shitty. Today that story of my divorce has helped thousands of men in my content. Thousands of men have been helped by that story even though it was horrible when it was happening. Now it's a great story. If it's horrible now and you're going to be laughing about later why not laugh about it now. I know it sounds trite and simple and stupid but it's true. You are literally being irrational if you say no, I have to be mad about this right now. I have to be outcome dependent about this right now. Why? You fucking moron. Now if you say in six months this is going to matter then you got to ask more questions. Why? Why will it matter in six months? Will this matter in six months? Yes, it will. Why do you care about this? Because you're stuck in the United States. You have one passport, one residency, one job, one investment, one city, all in the United States. You're not doing any five flags so you're all pissed off about something you have no control over but we'll talk about a minute who the next president will be. Outcome dependent on steroids when you're like this.

Reactivity

Reactivity creates outcome dependence. When you're a reactive person, when you react to things you become more outcome dependent. Your goal is to reduce reactivity. When you reduce reactivity you reduce outcome dependence and react to when you're reactive. Means how touchy you are. You're reactive emotional. You get pissed quickly. You get frustrated quickly. You're reactive. Someone says something mean hey man, if someone says something mean to me to me I laugh. I don't care. I'm one of the most non-reactive people on earth. I don't give a fuck. My wife is extremely reactive. If a woman walks up to her and just does this she's like [sounds]. If someone does that to me I laugh and go hey, how's it going. I don't care. Here's how you reduce reactivity. It has some aspect to what I've talked about before.

Sleep

Number one, top of the list, I've said this a thousand times on my other content. I say it again at least seven hours of sleep per night. If you are reactive and touchy you're not getting enough sleep. Americans are horrible at this. They're probably the worst in the world about this. Europeans are pretty bad. Canadians are pretty bad. Latin people are pretty bad at this. America's the worst but most people are bad. Seven hours of sleep. I don't give a fuck what your excuses are. Every night I go to sleep. I have an

Oura ring right here that tells me exactly how much sleep I'm getting. I have my phone right here. I set a time. I set an alarm and the alarm tells me how many hours from now it will go off. I set it for eight hours and 15 minutes exactly every night. I get a sleep reading every morning that I check. I get enough sleep. I'm not reactive. I don't give a fuck. If you're getting less than seven hours of sleep you're going to be touchy, pissy, reactive, angry, frustrated. You're also less effective in your job, in your business, in your woman life, in your whole life. Get sleep. I don't have time. Yes, you do. I am busier than probably every person on this webinar. I would make that bet. I own multiple companies. I date multiple women. I travel the world. I have a very complex life. I am way busier than you by far. I can do it. How come you can't do it? Stop the excuses. Get sleep.

Exercise

Exercise hard at least once every 48 hours. Not you're on the treadmill or you're on the bike while you're talking to your buddy like this. No. You're exercising hard. You're sweating. You're going crazy. I'm on a very strict fitness regimen right now. I'm blowing my brains out. It's great. I love it but I'm always exercising this once every 48 hours because when you exercise at least 48 hours, I don't care if it's weightlifting or cardio. I'm not getting into that debate. I don't care what it is as long as it's hardcore. You're sweating and breathing hard. You have more oxygen in the brain. You're less touchy. This has nothing with losing weight or getting fit or ripped and any of that stuff. I'm talking about being happy. It'll also benefit your health too of course. I read a study. Really quick side point about morbidity. Morbidity is when you're an old man, you can barely do anything like this. That's morbidity. If you exercise for this typical person who doesn't work out morbidity lasts the final 15 years of life. If you work out three times a week morbidity is the final one year of your life. That should be enough right there to work out at least three times a week. I work out four.

Water

Drink lots of water, stay hydrated. The vast majority of westerners are dehydrated. If you are thirsty it's too late. You should to drink before you get thirsty. See how I'm drinking all the goddamn time because I don't want to ever get thirsty ever because if I know I'm dehydrated it's too late. I want to be constantly hydrated. Also helps your skin, helps your anti-aging. I'm 50. Do I look 50? How'd the back of my hands look? Do I look like a 50 year old man? No because I drink a lot of this. That's one of the many reasons. Drink a lot of water. Milk does not count. Alcohol does not count. Beer does not count. Milk does not count. Juice does not count. Water or tea. Those are the only two things that count. Ideally decaffeinated tea which would be herbal tea. Drink a shitload of water but then I got to piss all day. Piss all day. I piss all day. I don't care. I don't give a shit. I'm happy. I'm non-reactive and I'm outcome independent. I don't care.

Alcohol, drugs, smoking, caffeine

This should be obvious but it's true and there's been studies that show this. Do your best to avoid alcohol, drugs, smoking and caffeine. Alcohol, I've tried it. I've never been drunk in my entire life. I never had coffee in my entire life. I've never had caffeine in my entire life other than chocolate I guess. I've never

done drugs in my entire life. About 15 years ago, I took a puff of marijuana. [cough]. Okay, thanks. That's all the drugs I've done my entire life. I've never smoked anything other than that. That also helps anti-aging. There's a reason I don't have a lot of wrinkles. I don't drink. I have a brother. I love him to death but he drinks constantly and he's about six years older than me. He looks like he's old enough to be my dad. I'm not making a joke. I love him but it's true. He looks like he could be my dad. He's six years older than me. He drinks constantly because just his skin is awful.

Affirmations

Almost every morning six days a week I have affirmations on my phone that I go to my deck and I scream at myself, six days a week. I always know what my end game objectives are. I always know what my goals are. I never forget because I make sure I don't forget. I focus on the big picture so I'm outcome independent about the little picture. You'll be less reactive if you're focused on the big picture like the guy with the 25-year goals.

Zones of Control

What I'm about to show you I have had people tell me is the best piece of content they have ever learned from all of my content. I've had three or four guys say this is the best thing you've ever taught. Here we go. Get ready. Hold on your pants. You should be seeing some circles. This is called Zones of Control. If you get this it'll change your life.

- **Zone of Concern**

First on the outside you have a circle called the Zone of Concern. These are things that you are concerned about that you have no control over like Trump better get re-elected God damn it. I hate feminists and woke people or my girlfriend broke up with me last year. These are things you're outcome dependent about. Do you have any control over that? Do you individually have any control of whether Trump will be re-elected or feminists or woke people or what your girlfriend did a year ago? No. You're just talking about this. You're outcome dependent on this but you have no control over it. In other words you're insane. It's what that means Zone of Concern.

- **Zone of Control**

Inside the middle you have Zone of Control, things you can directly control. You can directly control what you eat. You can directly control how much sleep you get. You can directly control your personal actions in a given day if you don't have a job. If you have your own business like me I can wake up, do whatever I want. I can control me. I can more or less control how much money I make. I can control this. These are things within my direct control.

- **Zone of Influence**

Then outside, in between we have a gray area called Zone of Influence. These are areas you can influence but not control. For example I have a wife. Can I control my wife? No. Can I influence her? Oh yes, definitely. I can definitely influence her but I can't control her. I can influence her to do what I want but

she still might not do it because she's a human being. She's not a robot. Three areas of zone, three zones. Make sense?

Now here's how this works. Here is outcome dependent people. This is most human beings and possibly this is you? The Zone of Concern is massive. All day long you think about shit in your zone of concern. Things that you're outcome dependent about, that you're concerned about that you have no control over. Politics is my favorite. Guys who just live and breathe all day to talk about politics and feminists and Red Pill shit or they're pissed off about their ex-wife. They got divorced two years ago. They are pissed off about what their ex-wife did two years ago and when the kids are over she's this. You have no control of your ex-wife, none. You have no influence over your ex-wife. Zone of Concern and you're all bent out of shape and you're outcome dependent because your Zone of Concern is massive. Then your Zone of Control and Zone of Influence are tiny. They're teeny tiny compared to your thought processes. What you're thinking about is shit you can't control. You're barely thinking about anything you can control. You're barely thinking about that. You're too busy thinking about Trump and Biden okay and the war in Ukraine, shit like that or what people like me say on YouTube. There are guys who are obsessed. There are guys who like me and a lot of people like me. There's a few guys who hate me and they're obsessed with everything I say. Zone of Concern, can they control what I say? No, it's stupid. They're not focused on what they can control. This is likely you or likely you're in this zone. Maybe your Zone of Concern's a little smaller but this is what outcome dependence looks like.

Let me show you what I look like. This is me outcome independent and really happy. Here's what I have done with my life. I've taken my Zone of Concern and I've mashed it into this little teeny, teeny, teeny, teeny tiny circle. I don't give a shit about anything now. I don't give a shit about politics. I don't even give a shit to the United States. I don't even live there anymore. By moving out of the United States now I don't even give a shit about the United States. I don't care 50% of my income does not come from the United States so now I really don't care. I don't give a shit. I'm barely concerned about anything I have barely control over except for in my case, the only thing in my zone I am concerned to be honest with you are international, macro-economic geopolitical things that affect the whole world. I have to kind of pay attention. I have no control of those things but I do have to pay attention to them like where the western world is going as a whole. I got to pay attention that. The war in Ukraine has completely transformed Europe. I got to pay attention to that a little bit. Other than that that's it. I don't think about it.

You know what I think about? My Zone of Control. I have taken my Zone of Control and I've expanded that out. It looks like a Death Star. My zone of control is massive. In terms of my thought process I control every aspect of my life just about. Not 100% but just about. I control my day. I control my business. I control where my money goes. I control where I live. I'm five flags. I can literally live in eight, nine, ten different countries right now if I wanted to. I control everything I do. I can control my time because I have my own business. I don't have a boss. I'm non-monogamous so my wife can't control me. If you are monogamous guess who controls your dick? Your wife controls your dick. She can tell you when you can use it, when you can't. I'm not monogamous. No one controls me so I have complete control over my sex

life unlike incels who don't get laid and unlike monogamous men who can only get laid to one person unless she says no. I have massive control over my life. My thought processes are focused on what I can control which means I'm really happy. Because if I want to do it, if I want it I can go do it. If I'm thinking about it it's something I can control.

I also have a pretty big Zone of Influence. People I can't or areas I can't control but areas I can influence. I have a staff of 17 people. Can I control my staff? Can I control the people who work for me? No, I can't control them but I can absolutely influence them and I do. Can I control my wife? No but I can influence her a lot. I have FBs all over the world. Can I control them? No but I can influence them greatly. Some more than others. Depends on the person. I have a bunch of FBs here in Paraguay. I have influence over them a lot. My Zone of Control is massive. My Zone of Influence is massive. My Zone of Concern is microscopic. I barely give a fuck. That's what you want to do. You want to get to this point where you have Zone of Control is huge, Zone of Influence is pretty big and Zone of Concern is tiny. I'm going to go back and show you the opposite of this. That's you right now possibly. Stop it. Identify everything you're thinking of. Do I really have control over this? If the answer is no, why are you worried about it. All of these guys pissed off about Trump. Trump better, feminist, not that I disagree with you politically or philosophically. How much control of that do you have? None. What the hell are you doing? You're insane. When you're concerned about something you have no control over you are literally behaving like an insane person. You always ask yourself when you're outcome independent how much actual control, not influence, not concern, control do I have over the scenario? If the answer is none. My ex-girlfriend duh, duh, duh. How much control do you have over your ex-girlfriend? None. Why are you worried about this? Refocus on something you can control. Why don't you go get a new girlfriend who is younger and hotter than her? That's what I've done several times in my life. Why not do that? My fucking boss. Why don't you quit your job and start your own business so you can tell your boss to fuck off. That's what I did. My fucking client. Why don't you fire your client and get better clients? That's what I've done. This all goes back to the rule of one, multiple things.

Reducing internal rules

The last thing is about reducing internal rules I'll say that really fast and we'll wrap it up. I will wrap up my presentation and we'll get to your questions. I talked about this in The Unchained Man so I'm not going to go into detail about this. The reason you're outcome dependent is you have a lot of rules. No one better leave the knife out on the kitchen counter because that'll piss me off. That means you have a rule you can't leave a knife out on the kitchen counter. Why don't you get rid of that rule? The goal in life is set the minimum number of rules you can for your life. I have a very small number of rules. The women in my life can do whatever the fuck they want. My wife can do whatever she wants. I don't sit there and try to control my wife because then we'd be arguing all day. I don't care what she does. I don't care what my employees do. I actually don't care. They're not employees. I don't call them that. They're my team members. I don't care what they do. They can do whatever they want as long as the shit gets done and gets done on time. I don't care what they do. I don't give a shit. I have a very small number of rules. Most

people who are outcome dependent have pages and pages of rules in their life about every little aspect of their life. Stop being so anal. Relax. Get rid of those rules and focus on the big picture.

Questions

I am done with the content I will click over to the Q and A only. You can start posting your questions in there now. If your question is not in the Q and A only I will not see it. If you put it in the chat and it's not the Q and A only re-put it in the Q and A only, copy and paste it.

- What are the other leveraged skills?

There are a few. Time management is the big one, outcome independence, personal daily energy, physical energy. Those are the big three. There are probably some others I'm forgetting confidence. Those are the big ones.

- I want to target 18 to 23 year olds on Swipe dating apps however I'm 35.

Keep your questions to the topic of outcome independence as best as you can. I don't want to answer any detailed five flags questions, any detailed dating questions in this webinar. Try to keep it to outcome independence or related to that. I'm going to see if your question relates that.

- What's the relationship between OI and flexibility for three to five flags?

Like I said earlier when you have multiple flags you care less about what any individual one country is doing. If you have one flag which is 99% of the human race you really give a shit about what your country is doing in politics and where it's going in your economics. You really give a shit. When you have 12 flags like me you don't give a fuck about any country. I don't care about the United States. I also don't care about Dubai. There are people who seem to think I really care about Dubai. I like Dubai. I don't give a fuck about Dubai. I can snap my fingers into Mexico in 72 hours. I don't give a shit. I have residencies in so many other countries. I don't care. That's it.

- Did you meet your famous Instagram FBs with online dating?

Not really is the answer.

- While interacting with clients, date, potential client, isn't it enough to just hide how outcome independent you are?

Yes you can fake it until you make it. I didn't mention that. Fake it till you make it. If you're a good actor act like you're outcome independent. Correct, you can. I did that on my first dates with hot girls. I kind of gave a shit but I had to pretend like I didn't care. I was like oh my gosh she's so hot. Oh my gosh you're so hot. I remember three or four women in particular back in 2007 I first started doing like oh my god, oh my god. This is like the perfect woman. I had to calm myself down and either lean back, relax. Cool, yes. Oh really, great. Act very outcome independent and it worked.

- Any good books that can help with outcome independence?

Not that I know of. A lot of the Stoic philosophy books can help. Beyond that I don't really know.

- Death by not caring.

That's what I said earlier. It's not about the big picture and maybe you wrote that question before I explained that.

- Mainstream advice is to be detached from the outcome macro or micro and fall in love with the process. Isn't OI be skeptical about the process itself?

Yes, if you're worked up about the process. Yes, correct. To that point in my business, when I have people working for me I do not care about the process they use. People who work for me can tell you. I don't give a fuck how they do it as long as it gets done. I don't care.

- How can a man with desire for monogamy with outcome independent?

You can't in your monogamous relationships. You can be outcome independent while looking for a partner. Once you're in that relationship I'm sorry going to be outcome dependent to a degree because you're going to really care about everything she does and that's just the way it goes. If you're going to be monogamous, I've said this a thousand times you have to put up with some level of unhappiness in your life. That's the way it goes.

- Who are the people you consider as mentors?

I have a few. Right now is different list than like 20 years ago. Right now they're no one you would know. They're all very old, very wealthy men. They're not famous. They're not on social media and that stuff. Historically it was Brian Tracy, Dan Kennedy, Robert Ringer, Sylvester Stallone. I'm missing one or two names Harr Brown. A few others.

- Regarding setting 25 year goals, does that seem to counter the book the 12th year on setting goals on a quarterly basis. What do you think? Are they compatible?

They are compatible because he also talks about setting quarterly objectives but he's just saying you don't give a shit if you miss your quarterly objectives because you're focused on 25 years but they are somewhat compatible.

- Can you fake not caring unless you truly not care?

You can fake it unless you're a really bad actor and you can't control yourself. Depends on your personality.

- How to get over a woman if you get a 10 but obviously that level is not easy to get consistently?

Do you need to get consistent tens? No. One or two tens a year I think you'll be fine. Do you need a ten a week? No. I don't think anyone needs that. One or two tens a year, you're good especially you date them for several months. That's the attitude.

- How did you get used to OI or did you have it naturally?

I did not have it. I had to work on it. It's something I just discovered through my own personal growth 15 years ago. I realized the less I gave a shit, the happier I was and the more women liked me and the more money I could make. It all tied together. I went okay cool. Then I heard the term outcome independence. I think I got that term from the pickup artist world. It's about outcome independence. I said a-ha. Some guys call it indifference. Fine.

- Any advice for how to be more outcome independent instead of angry at myself whenever I make a mistake?

What I said earlier. You probably wrote that question before I went into that technique. Why do I care? I will I give a shit in six months? All the stuff I talked about earlier.

- Is the financial blog viable in 2022?

Sure.

- Emotional detachment seems to be a catalyst in succeeding with women.

I don't call it emotional detachment. I don't call it that. I call it outcome independence. I don't care about the outcome in any one individual woman scenario, in any one relationship, anyone date, anyone whatever but I'm still invested emotionally if they're MLTRs so I don't call that.

- For us non-INTJ guys who are much more touchy feely emotional. Do you have any advice on how to better restrain or compartmentalize that aspect of our personalities?

You don't have to restrain yourself emotionally. You have to become more outcome independent. I love my wife. I love my wife more than I have ever loved one my entire life. I have a connection with her on a spiritual level. I'm getting misty just talking about it. I'm just kidding. Honestly, it's crazy how much I love her. I have some relationships with people in my life who are really deep right now. If my wife demanded I was monogamous or demanded I didn't work as many hours or whatever she'd be out of my house in 48 hours. I wouldn't like it. I'd be really sad. See how emotional I am. I'd be sad but I would do it because I'm outcome independent. See the difference? Everything we talked about in this seminar. It's more concrete than an abundant mindset. I have an abundance mindset too. That's certainly part of it. How many other women are there who are tens in your city of 2.7 million people? A shitload. That's a component of it. Redundancy is you have implemented abundance. I have actually abundance in my life. I don't have one hot chick in my life. I got about 7, 8 or 9 who are eight or higher. I've actually implemented abundance. I have an abundance mindset but I've also implemented it.

- Do you think getting the shit kicked out of you rhetorically or even actually and surviving and getting back up makes you more able to be OI?

Yes I do actually. I have a background in full contact martial arts. They call it MMA now but back then we called it full contact before it was MMA. I got my ass fucked and kicked, bloody and bleeding and battered.

Today, I don't fear getting into a fight. I did a YouTube video about this like two years ago. I don't fear getting into a fight because I know what it feels like. I don't give a fuck so yes.

- Women rarely respect men. Deal with it?

That's not true. Women often respect men but you shouldn't care if they respect you or not. Again, ask yourself why do you care if they respect you. I don't care if they respect me. My wife doesn't need to respect me but it sounds strange when I say this but she doesn't need to respect me at all. She just can't give me drama. I don't care if she respects me. I don't give a fuck. None of my women. I don't care. I don't care about respect. That's an Alpha Male 1.0 trait. That is a Ruche, Andrew Tate concept. They need to respect my authority because I'm the man and she's the woman. They need to respect me. Are you going to be happy with that attitude? Nope.

- When discussing certain worldly with women after a bit of back and forth. It becomes apparent to them I don't care because that is the attitude I'm projecting to verbally state so the truth is I do care but I'm usually have different views and playing it like I don't care as that seems the safest route until it's isn't and I come off as unintelligent, uninformed and sensitive or selfish. I am none of those things and I'd like to be able to engage but it seems more like a lose-lose. Your thoughts on this?

It depends on the context. If you're dealing with a first or second date suck it up and shut up and stop talking about politics. If you're dealing with a woman you've been dating for six, seven, eight weeks you can talk whatever you want. That's fine. It depends on the context. If you have sex with a women twice it's locked in. You can talk about whatever you want. If you love Trump, I deal with a lot of Trump guys. If you love Trump do not mention that on the first date please. Do not mention on the second date. Don't mention Trump until you've had sex with her twice. If she's a big Bernie Sanders dork, great. Go uh-huh, uh-huh. How interesting, uh-huh. Just for a few dates. Have sex with her twice. Once you've had sex with her twice you could say Trump is the greatest thing on earth. I can't wait for him to be president again. She'll just roll her eyes. She won't care. She'll fuck you again. That's how it works.

- What are things I can do say in the first dates to display outcome independence or is just energy you give off?

It's more about what you don't say. It's about energy you give off, your body language, leaning back, looking around, looking almost bored, if you're like this uh-huh, oh yeah, oh really. Is that outcome independent? No, like this. Really cool. Okay. That's outcome independent. It's a body language. It's an energy. It's what you don't say. Okay wait a minute. You told your boyfriend to fuck off. You really shouldn't say that. That's outcome dependent.

- How do you keep outcome independence with women you know for ages and have invested time and energy in that relationship? Also related how can you be outcome independent with people you truly care about like close friends and close family?

What I said about my wife earlier. I love my wife. She is the most important person in my life besides me. I'm the most important person in my life but if she became a consistent problem she'd be out of my house in 48 hours. I wouldn't like it. I would be sad. It'd be a very bad month for me if I had to divorce my wife. See, I'm sad. I'm feeling the feelings because I have investment with her but I would do it, but I would do it, but I would do it unlike guys with oneitis which is a form of outcome dependence. Oneitis is outcome dependence on steroids. Outcome dependence and there's oneitis. That's the next level above. I don't love oneitis. I love her to death. I'm truly invested in her. I love her to death. Out of my house in 48 hours if she becomes a real problem. It's both. You can become as invested as you want. You can be as lovey-dovey and as love as you want as long as you don't get oneitis. Oneitis means I'm scared she'll leave. Oh my god what if she leaves. Now you're fucked. That is the ultimate level in the Alpha Male 2.0 video game to be totally in love on a deep spiritual level without having any oneitis because 99% of men when they're totally in love oneitis is sky high. I don't want her to leave. They become Kanye West. I don't want her to leave. It doesn't matter how alpha they are. I don't want her to leave. Can't do that.

- How to become outcome independent with people you truly care about like close friends and close family?

You should watch my YouTube video I just did about family members when you leave the country. You can love them and respect them while letting them make their own decisions if they're adults. I love my mom. I love my dad. I respect my mom. I respect my dad. They are adults who make their own decisions. I can't control them. That is a Zone of Concern. That is classic Zone of Concern. What about my mom? What about your mom? What are you going to do about your mom? If you're worried about your mom make millions and millions of dollars and fly your mom out of the collapsing west and take care of her. Get to work. Other than that what are you worried about? That is totally Zone of Concern.

- How much water do you drink a day?

I don't track it anymore. I drink mountains. Not quite a gallon. Just under a gallon in my estimate.

- How does outcome independence work when you're interacting with others in social scenarios in public, etc. for example approaching girls on crowded street?

When you talk to a girl you're talking to her totally casually. I just did this two days ago here in Paraguay. Smoking hot, younger chick, just started talking to her. She didn't speak English. I don't speak Spanish. I don't care. Google translate, didn't give a shit. Made into a joke. You don't care if you ever see her again. It's just like oh my god, you're so hot. Do you have a boyfriend? I mean so um, see? That's outcome dependent. Outcome independent is you're nice and you're polite. You don't care if you ever see her again. That's it. It's huge for day game. Are you kidding?

- Can we make money off those guys who don't like you?

I already do. I've had one or two haters who made me a lot of money. I'll probably do a video on that at some point.

- How would you convey outcome independence when sending marketing messages to people on LinkedIn? Tell them it doesn't really matter to me whether they buy.

You don't verbally state that. I don't care if you buy from me. You could just say something like if this makes sense to you, if not I completely understand. I get emails like that. I get emails of guys telling me please write me back. Then I have emails of guys who sell me something. They're clearly trying to sell you something but they say if this doesn't make sense to you, totally understand. No big deal. I'm more inclined to reply to those than the guys who are desperate and hungry.

- I want OI to solve my dating problem. Let's see if this is OI otherwise I won't be able to answer it. I am not genuinely enough attraction to get ample second dates with nice women. My first date, this is a very long question. I'm going to read really fast. Your success rate is 1 out of 12 women. I don't know if that's dates or openers or what? I'm reading your question. Keep your questions short guys. For the moment she's seemed like dead fish.

Your question is not about OI. I just discussed this the other day in my SMIC meeting. Whatever you're doing is not working. I assume you're talking about first dates. I'm not sure. You're not clear. I assume you're talking about first dates. Everything you do on a first date write it down. This is exactly what I did. You need to reverse engineer what you're doing wrong. You're doing something wrong. I don't know what you're doing. Write down everything and then say okay, I'm going to change two of these things. I'm doing this and this. I'm going to change this. Start doing this and I'm going to stop doing that and then have 10 more dates and then do it again. How are the results different? Are they the same? Okay, that didn't work. Now I'm going to try this and this. I'm going to change this and change that. 10 more dates. Oh now that worked. Okay, I got laid twice. I'm going to keep that. Now I'm going to change this and this and do it again. That's what you need to do.

- How to not be afraid of flying?

I don't think I can answer that question. I don't know other than to remind yourself it's irrational. I have a fear of heights that came on later in life. This may or may not help fear of flying. I can't speak to that but what I did is I went to Las Vegas and they have that giant Ferris wheel thing that's like big as a skyscraper. They have one in Dubai now too that's even bigger of course. I would get on it. It's a glass room that swings back and forth. What I did is as it slowly put me up in the air and I started feeling this tenseness in my heart like oh shit, this fear of heights. I started controlling my breathing. I did breathing exercises in through the nose and down here into the diaphragm. I did it again and at every exhale inhale I said I am in no danger. I am perfectly safe. I am perfectly safe. I'm perfectly safe and I did it like three or four times because it takes a half an hour and that's how I cured it. You can do something like that if you want.

- Still a relative new beginner to Alpha 2.0 models. Had my first list infinity from a VYW what you would call high end MLTR. Plan to resurrect her. Concerned about getting past my emotions when it comes time. What is the right mental frame to have with her simply forgiveness?

Beyond forgiveness outcome independence. You shouldn't care what she did. Unless she physically assaulted you, you shouldn't care what she did. Shouldn't care. Shouldn't care. Don't give a shit.

Redundancy, you're going to fuck a lots of other women over the next year and hit her up in about a year. Your odds of success are 50-50 and you don't care. By the time you do this if you're having sex with lots of other VYWs who are hotter than her you'll barely give a fuck. Isn't that great?

- Are you going to release a new version of Unchained Man?

I was going to and that got delayed but yes, I'm going to. I work on that when I can. I'm pretty busy.

- Is there a test or an exercise to determine if there is something as a Zone of Concern or Zone of Influence?

Yes. Do I have any control at all over this or can I have any influence over this in that case? Do you have any influence on whether Donald Trump will be elected? Now you might say yes, I can. I can vote. No. come on. Do the objective reality? You have no influence on whether Donald Trump. Is it a zone of concern or zone of influence? It's zone of concern. Do I have any influence over what my wife does? Yes, I have some influence. Do I have any influence over what my mom does who lives United States? She's 80. Very strong chick. Dominant. Do I have any influence over what she does? No. I could call her and tell her hey mom, I actually have. I gave her some shit a few years ago about how she was handling her finances and she's like well, I'm going to do whatever I want. I'm like okay so that's a Zone of Concern so therefore now I don't want a big Zone of Concern. I don't give a shit what my mom does. I don't care. I love her. I respect her. I don't give a fuck what she does. See how this works? That's how you do it.

- Everything in life is two sides to it like major decisions. I have just made a huge decision and now I have made it all the good reasons to have done the opposite come up in my mind when I'm upset. How do you maintain OI when there are almost equal pros and cons not 70-30 for example?

The way I do it I just had to make a big decision a few weeks ago in my business. Once you make the decision the other decision is dead. It's dead. If you're still fretting about the other decision you haven't actually made the decision. I would submit to you you haven't really made a decision. You've kind of made a decision. If you go this is what I do but God damn, maybe I should have done. You haven't made the decision yet. A decision means you cut off. Decis, the Latin root decis means to cut off. That's what decision means. You cut off all the other avenues. If you're still kind of thinking about I should have done, you haven't made a decision. I think you need to go back and make a decision or modify your decision, mitigate your decision. Then when I make a decision I'm done. I don't worry about other things. I cut it off. If it takes me long to make a decision then fine. That's the answer. I understand what you're saying.

- Will blocking news websites about the insanity of the world in social media, drama from your life help with outcome independence?

Yes, it absolutely will. I did this myself. Sometime last year, I used to watch a lot of political shit on YouTube. I went through my YouTube channel on a computer not a phone and brought up all my subscription stuff. You can click a thing saying don't recommend this channel. You're still subscribed to the channel but you don't see it anymore. I went through every political channel I'm following. I was following a bunch. I didn't realize how many I was following like left wing and right wing Ben Shapiro,

gone. Young Turks, gone. Left, right and libertarian, do not recommend this channel. Do not recommend this channel. Boom. Boy, is it nice? I don't give a shit now. It's great. I just kind of hear it the grapevine like the Roe v. Wade thing. I just hear from people so talk about Zone of Concern. What do you have over Roe v. Wade? I don't care if you're left or right. I don't give a shit. You're an idiot if you worry about this. It's just so stupid. That's what you do. The answer is yes.

- Should I get to the point where I'm exposed I would or if exposed I would be immune to negative emotions?

I think it's a stepping stone. Do that first, practice your OI and then come back and turn it back on and see how you do.

- Any good body language cues to project OI?

leaning back, looking relaxed, relaxed, happy expression, looking around the room, looking semi-bored, your arms are relaxed, a neutral expression on your face but leaning back, not straight and not forward. Not piercing eyes like this. Relaxed, look around. Oh really? Cool. That kind of stuff.

- In a video in the past you mentioned that stoicism and outcome independence are very similar except for one thing. Do you remember what that one thing is?

I don't. I have not read a lot of stoicism. If I remember right stoicism takes it to the next level and it's almost Buddhist and it's like it doesn't matter how much money you make. Don't worry about how much money you make. Yes, it matters how much money you make especially in the collapsing western world. I think it's that.

- Would you share more about acting like you are outcome independent even though you're not? Like exactly what that would look like?

What I just talked about. Here's outcome dependent. Here's outcome dependent Alpha 1.0. You see that language. Andrew Tate, what does Andrew Tate look like? He's like this. This is how he looks. Straight, strong, sometimes you want this in business meetings. There are sometimes I adopt an Alpha Male 1.0 posture in business when I have to convey I'm going to kick your ass and I'm in charge here. There are a time and place for that but in most scenarios like dates or doing a sales calls outcome independent is this.

- OI when flying?

Focus on other things. I'm about to go on a plane for 15 hours tomorrow. I've watched that. I'm going to focus on my work on my laptop. I got some, I'm going to watch when I get too sleepy to work, I'm going to watch the new season of Stranger Things that apparently is very good. I'm going to watch that. I've downloaded some cool stuff in my laptop. I've got a really fun project to work on. I'm excited so I'm looking forward to the plane ride. I'm looking forward to this. If you are the person I think you are I think you can afford to get a first class ticket. Get a first class or business class ticket which I'm getting so I can lay down, nice and relax. Just be fun look forward to it.

- I know you're not a therapist but do you think it's possible to use outcome independence to overcome issues from the past such as anger in certain people.

Absolutely. What is anger at certain people for past events? Zone of Concern. What can you do about the past? Any fretting about the past is a 100% Zone of Concern. You're insane. What can you do about that? What can you do about what people wronged you three years ago? What can you do about that now? Nothing. You just move on. Don't talk to that person anymore for example and be able to stop caring about those things. Move on with your life. Everything we talked about. Everything we talked about in this webinar. Everything. That's Zone of Concern. If you have no control over it you focus on things you can control. Someone wrong you and they did something horrible you cut them out of your life. I've done that many, many times with people in various contexts. I just don't talk about it anymore. My wife has had to cut one or two people out of her life who are pretty close to her. It's unfortunate but she did it and she just moved on with new people and areas she can control. It was hard for her because she's emotional.

- What studies shows the exercise in morbidity in the final year?

I don't recall. It was in a magazine. It was in a medical magazine that I was reading. I don't remember. This is like years ago I read this. I read a lot of shit`.

- The book Reality Transurfing calls this topic reducing importance. It's a premise that the more importance you put on something the more imbalanced you are. The more repulsive you are in the outcomes you want.

I don't know if I would go that far but I agree with it overall.

- The difference that makes the difference is the indifference from Cliff's List.

I heard of Cliff's List. I remember Cliff. Oh my God that's so funny. That is so hilarious. I love it.

- Can you just confirm that you can love MLTR's as well as your wife while being an OI?

Under Alpha Male 2.0 model you cannot have MLTR's if you have a wife. You have an OLTR, your wife is an OLTR which means the other women can only be FBs. My women are only FBs not MLTRs. You cannot have an OLTR and multiple MLTRs. I cannot date other women nor do I want to. I can hook up with other women and have friends. I cannot date other women. If you want to date multiple women then you have your high end MLTR who's your favorite and other MLTR's. Is it possible to love multiple MLTR's? Yes, it is possible. Most men can't do that. Most men are not able to do that. I can't do that because you'll always like one best but it's possible.

- Do you still practice martial arts? I'm thinking of having it as a hobby

I do not. I'm focusing on weightlifting and weight loss. Absolutely, yes. When I get my body fat percentage down to exactly where I want it the next phase is get back to martial arts but I want to do one thing at a time especially in my weak area which is fitness.

- Is too much empathy incompatible with outcome independence?

Good question. Yes because you said too much empathy. You want empathy. Empathy is valuable especially if you're married. I have no empathy naturally. I had work on my empathy because I'm married now but yes if you have too much. Yes, that will affect it correct.

- Learning how to OI with women having sex with other guys. It's difficult.

Yes, it is. Especially for certain personality types and certain cultures.

- Trying to let go of thoughts of them catching feelings for one of them instead of for me and dropping me as it's happened before.

Then you need to work on your relationship game because that's never happened to me. It's literally never happened to me where a woman got more feelings for another guy and dropped me for that reason. They've dropped me as a listen fitty because the man gave her monogamy and I didn't. That happens a million times. I don't know if you're talking with that. Maybe you're talking about a listen fitty.

- I'm also pre-occupied with thoughts that they are better in bed than I am.

That is totally irrational thoughts. You're being insane. Even though I'm usually pretty confident in my ability to make women orgasm. Then you're great. Don't worry about it.

- How can I get past this mindset? Just power through until it doesn't bother me anymore?

A few things. Everything we talked about in this webinar will help. Everything we talked about. I have a feeling you're talking about one girl aren't you? I'm feeling you're talking about one girl. You're not talking about six girls. It sounds like you're talking about one girl, aren't you? That is problem number one. Improve, get better in bed. Blow their brains out with orgasms. Now there's no question you fucked them better. Then get rid of this thing of that she might like him more than me and break up with me. That has literally never happened to me. The only time they break up is he gave her monogamy when I didn't and that is normal part of the Alpha Male 2.0 lifestyle. That ends when you have an OLTR. It only happens with MLTRs and FBs.

- Outcome independence when you're approaching a "hot" woman and there's a bunch of people around staring especially a group of guys. I don't give a shit but sometimes those thoughts come.

That is something you'll have to practice. I am outcome independent in public. I dance in public. I dance around like a moron. I do it all the time and Pink Firefly is all embarrassed. I dance. I talk loud. I say stupid silly shit in public. I don't care. Don't give a rat fuck. Here's the question you ask yourself. Why do you care what strangers you'll never see again think about you? Really ask, not right this second. Ask yourself that question. Why do I care what total strangers who I will never see again care about me? Why do I care about this? I get caring about what your girlfriend thinks about you or your mom. I understand that. These are strangers, A that you'll never see again, B. Why do you care?

- I bought the original Maximum Freedom Course. Is there anything from Maximum Freedom Course that you would change or add since it's been a few years since you've made it?

Only some of the five flags stuff has changed in that course. Everything else is the same. We're going to re-release that course soon too.

- Where's the line between outcome independence and setting healthy boundaries? How not to overreact to banal things like girl 50 minutes late to a date and not tolerate blatant disrespect. How to handle blatant disrespect in an outcome independent way?

You need to change your definition of what blatant disrespect is. Is if you're coming out of the Red Pill, right wing-ish, Alpha Male 1.0-ish world. Blatant disrespect is she's five minutes late. She's disrespecting. That's disrespectful. Blatant disrespect is she stands up in the middle of a restaurant and screams, calls you a cocksucker as loud as she can and flips you off and throws a drink in your face and walks out. That's blatant disrespect. You see the difference in definitions I have for blatant disrespect than you do especially if you're raised in a more traditional culture. I live in an Arabic country so there's all about respect and all that bullshit. You need to change your definition what blatant disrespect is. If a woman is 50 minutes late she does not disrespect me because I don't care. If I don't care how can you disrespect me? I don't care. If you call me an asshole on the internet I don't care. That's not blatant disrespect. I don't care. If you're late or you say fuck you on texts. You send me a text saying fuck you. Not to me. I don't care. Blatant disrespect is you got to push the envelope. Change your definitions.

- If compliance drives down attraction is there a line when you are just being unreasonable by not complying in order to maintain alpha frame?

No because then you're being really rude. I don't teach rudeness. That means you're being rude so no.

- Is there a spot where you can be OI and not care if you drive down attraction level and can bring it back up later?

No. You're talking about rudeness. You're talking about really pushing the zone into instead of non-compliance you're pushing it in the in the direction of rudeness. You have to give me a specific example. If you have a specific example in mind let me know. I could respond that specific example.

- Can you give example of respect from women versus drama for a woman? I feel like there's an overlap.

Well I just gave an example. If you stand in a restaurant call me an asshole, a cocksucker, whatever and you scream it in a crowded restaurant. That's disrespect and it's drama. Guess what sweetheart? Instant soft next your ass. You're gone. You give me drama on the phone. It counts as drama. Soft next means there's no contact from me for several days to about a week and then I circle back like nothing happened.

- Alain de Botton School of Life is based on pessimist philosophers and is very helpful.

Interesting. That's interesting. Cool.

- Can OI lead to apathy?

Not if you do it the way I describe it where you have a mission and long-term goals. I have massive outcome independence but I'm not apathetic because I have an exciting life with exciting goals and exciting mission. I don't give a shit about America. That doesn't make me apathetic. I give a shit about my life a lot. My business, my finances, my woman life, my five flags, my travel. These things are so exciting. I have so much meaning for me. I have mission, goals. It's wonderful. I'm the opposite of apathetic.

- Is there such thing as negative OI?

Well yes, OI taken to the extreme like I said earlier means you stay in bed all day and you die because you don't care enough to get out of bed but that's not what OI means when I call it OI. OI means you care about the end game result. You don't care about the things on the way to that end game result.

- Your last experience of what outcome independence looks like reminded me of Robert de Niro in Heat.

Yes. Good examples of outcome independent actors or characters would be guys who are just crazy and don't give a shit. An extreme example would be Ace Ventura. He's in a fancy party. He's just doing whatever he wants. He doesn't give a fuck. For those who are old men like me the Tom Baker Doctor Who, fantastic. In the 80s it was the guy who what's his name? I can visualize him James Woods. A lot of James Woods characters, totally outcome independent. Awesome. You know what confidence looks like. That's Sean Connery. That's easy to identify. Outcome independence is a little more difficult.

- Is part of outcome independence coming to the realization that going the extra distance isn't that much more difficult? For example. Getting a hot 9.5 with double D tits isn't that much harder with 9.5 than smaller B cup tits?

That is subjective. You think big tits are better than small tits and so do I but a lot of men are the opposite. A lot of men prefer B tits so it depends but I see your point. Kind of. Sure.

- Making 250,000 a year isn't that much harder to making 100,000?

Yes, that's a good point. You're right. I agree with you.

- Does meditation help cultivate OI?

Yes because it makes you less reactive. I should have added that to my list. Very good point. I meditate sporadically. I try to meditate every day. Lately I've been a little busy but I meditate sporadically. It makes you less reactive when you meditate. I should add that to my list.

- You mentioned the movie Cop with James Woods. That's a great example of OI. Can you think of a specific scene in that that film to expand upon? Are there other examples that come to mind?

Oh that whole movie that is such a great movie. He has a temper with OI but still. Are other examples kind of might I got to think back to that movie? I recommend that movie. It's like a 1987 movie called Cop starring James Woods. It's a little dated now. It's very 80s but I'm an 80s guy so I liked it. The 80s were great because there were actresses who actually were blonde and had big tits. Actresses today aren't

allowed to have big tits, mainstream actresses but back then you could have that. He would do stuff like interview the witness. He would go to someone's house and question them. She's a hot blonde chick with big tits and he go to her house and he'd fuck her in her kitchen. The serial killer guy who was going after him would like take pictures while he was fucking this chick in the kitchen. He handcuffed her and shit during sex. The murderer gives the photos to his boss at the police precinct. The boss was like what the hell were you doing with this woman. He shows the picture. He goes what the hell does it look like I was doing. It's just like oh no. God damn it Larry. What the hell does it look like I'm doing? Dude that's funny. That's one thing I remember. I'm like oh, that is so perfect because that's what I would do. I don't give a shit. What other scenes of outcome independent. The way he communicates with people he doesn't give a shit. The way he would he communicate with the other woman and his boss. It has one of the best endings too. I won't spoil the ending. The ending is amazing. The best ending to any movie ever. Strongly recommended it.

- Many gurus say not to use negative form of something because you'll think about it.

Correct. That is accurate. Don't think of an elephant. You'll think of an elephant. For example when you tell someone don't think about a pink elephant. There we go.

- Assuming you say stop giving a shit so much. Wouldn't that make us give a shit? Thus would be better to say be more detached from the outcome.

I talked about that. Think about your other options. Think about your other options. Think about your other options. Instead getting pissed off what this one woman is doing get back on the phone and message more chicks or date three or four women and now you don't care. That's what redundancy is about.

- Will you take that five gallon water bottle with you when you travel?

I carry this on the plane, put it on my lap full of water. No. I buy one here and I throw them away. This is my second one I've gone through. This one's about almost empty. I drink a lot of water.

- Can using sugar babies and hookers increase your outcome independence while you're still intimidated dating hot women?

I have mentioned this before for virgins and stuff. The answer is yes. When you're out on a date with hot women you know the back of your mind you get sex with hot sugar babies and or hot hookers. That is correct. I would prefer sugar babies please. I don't think hooker's a great idea but that's just my biased opinion but yes.

- Can you care too much about being OI? Is that a bad thing?

What does OI give you? Happiness. Long-term masculine happiness is the endgame goal. You should care about that. That's what differentiates the Alpha Male 2.0 from the Alpha Male 1.0. We want to be happy. The Alpha Male 1.0 doesn't really give a shit about happiness. Give a shit about controlling everybody and yelling and screaming and asserting his authority.

- Having a great number of women in rotation increases outcome independence because you have more options.

Correct and that applies to businesses, clients, investments, countries, not just women. Everything like I mentioned.

- Did you find the increase of the attractiveness of the women in your rotation also increase your outcome independence?

Absolutely and that's one of the first things I did. I've talked about this before. When I first got divorced about a billion years ago, 2007. I said okay I'm only going to date really hot girls because to the other guy's point it takes pretty much the same amount of effort to hook up with an eight or nine that it does a six or a seven or a five. Why not go for eight or nines only. That's what I did. Then last year's I've ratched that up another level now that I'm in Dubai.

- How does it increase your outcome independence was it increased your self-confidence and your pick up and relationship management skill levels?

No. It's because I had that redundancy. I know I could get it. If a super smoking hot 10 didn't work I'm like well, I'll get another 10.

- Currently live in a city in US that is bad for online dating. I want to increase my OI with women which means living in a city with lots of options.

Good, assuming you live in the United States.

- I plan to have the United States as a flag. What are the top three cities in the US for online dating?

I get this question all the time. It's the same answer. There are no good cities in the United States for dating. There are normal cities and a few horrible cities. That's it. Get out of California is what I'm saying. Any other city other than California that has a decent sized population is going to be better than LA, San Francisco and in Canada that would be Toronto. Also how would you go research this topic? I've done all the research. I can tell you right now there are no good cities for online dating in the United States. If you want good cities you go outside the United States. You go to Eastern Europe. You go to here Latin America, Southeast Asia not the United States. If you're going to stay in the United States you have to work harder sorry but you certainly get out of San Francisco if that's where you live.

- What are the dynamics of the east coast versus west coast in terms of online dating?

California, get out of California. Oregon, Washington are okay. They are all right. It's not east coast, west coast. It's California and the rest of the United States. I know I'm not exaggerating. I was saying before California really started collapsing a few years ago I was saying many years ago the state of California, I'm assuming that is where you live is the worst place in the entire world, not the country, the world for the Alpha Male 2.0 to live. Financially and with women, it's the worst place in the world for both those things. It's awful. Dating is difficult. If you get divorced you got to pay alimony for the rest of your life I mean if you're married to her longer than 10 years. The taxes are sky high. The regulations of businesses are awful.

You can't run your own business, you have to hire employees. Get out of California. I've been saying that for 10 years plus years.

- Thanks for all the advice.

You're welcome.

- Is there anything else we can do to have more OI in an area where we're just starting out? Don't have any redundancy yet or even really behind?

Everything else I talked about. Everything else I talked about. Redundancy is one technique out of the seven or eight I just gave. You have to use all the mental techniques.

- Can OI be applied to making difficult decisions? For example finding a niche for a business.

No. That is a separate topic. Not really.

- Is the seduction system taught by Ross Jeffrey's outcome independent? He seems very outcome dependent.

Most dating gurus are extraordinarily outcome dependent. He is not actually as outcome dependent as many others in his era. He's actually not but he is. Oh you bet he is. I don't know if his system is outcome dependent. He's outcome dependent. He's pretty outcome dependent. He would teach if she was late on a date you'd call her up and scream at her and hang up the phone. Talk about outcome dependent.

- Are women attracted to confidence or OI?

Both. I don't know which one is more. You what is attractive? If you have both than you have one or the other.

- Are women equally attracted to them?

That's very difficult. I don't know. I don't know that. I just know you need both. Get both. If you're confident and outcome dependent Alpha Male 1.0 then you're going to be attractive to some women. If you're confident and outcome independent at the same time, oh the world is your oyster. You can get women Andrew Tate can't. I mean that seriously and I don't mean Andrew Tate. Any Alpha Male 1.0 who has millions of dollars. I have outgamed guys with way more money than me and I have certainly outgamed guys who are better looking than me and ripped, six pack abs because I'm outcome independent.

- In your blog article how different men would respond to the standard Alpha Male 2.0 response seems okay, bye. When women are texting you things that other men would either comply with or flip shit over. Have you found this OI move causes more attraction or women to simply disappear?

It causes more attraction. I've never had a woman disappear literally never in my life. I've never had a woman disappear when I soft next. Never in my entire life ever. It increases attraction. Why would they leave?

- All the jobs where I performed well were jobs I don't give a shit about. All the jobs I got fired from I gave a shit about.

That's right. The same thing with women in relationships when women dump guys. Women dump guys. Why? Because guys are up their asses. It's less common for women to dump guys who are totally outcome independent about the relationship.

- So hard to be OI about financial investments these days because of the state of the world and geopolitics. How do it when so many things lose money?

I'm in 13 different things. That's how I do it. I'm diversified. I look at the long term picture. Bitcoin is going to do well long term. I just did a YouTube video a few months ago or a few weeks ago about how I sold a bunch of gold and bought a bunch of bitcoin on its way down. I'm going to make money on that, watch. It's going to go way past 20,000. It's 20,000 now. It's going to do better later. It's cyclical. I look at the long view. I don't look at this year. How much money can I make this year in my investments? That's stupid. What a stupid attitude to have. In business you can do that but not your investments.

- In terms of women do some countries have women that have higher Oi? Also does OI correlate with the women being a dominant, submissive and independent?

Yes, dominant women are more outcome dependent. Submissive women are more out dependent. Independent women are less OI.

- I want to date and fuck women who are OI.

Women who are outcome dependent. Sorry. That's the way it goes. The women who are more outcome independent are ones who have more masculine personalities. Hope you like more masculine girls. If you don't, you're fucked. I'm attracted to extremely feminine girly girls. They are outcome dependent as fuck. There's nothing you can do. You just get used to it. Pink Firefly is like that but I've been dating a lot of women like Pink Firefly because I like girly girls. I'm not attracted to more masculine women and those the ones who are more outcome independent because they're more like men. Some men don't mind that. I have a brother who loves more masculine women. It depends what you like.

- You mentioned the character of Mark Antony of Rome as example for OI.

Absolutely. I forgot about him. He is probably the top. Watch the series Rome and watch the character of Mark. He's also a great actor. Love that guy. What's his name? He's good in everything he does. Fantastic example.

- Can you think of something in the series that is particularly good to emulate?

No, I didn't say to emulate. This is specific actions because he does some shitty things. He is like OI on steroids. He's in a business meeting with the Roman consoles and he's talking to him. I love this stuff. I love outcome independent characters. He said yes, whatever and he whips out his cock and takes a piss into a nearby plant because he has to go to the bathroom. They're like uh, they can't really say anything because he's Mark Antony. Anyway and his dick is hanging out. He doesn't give a fuck. Don't emulate that. Don't emulate this. There's another scene where he's marching the army. If you've seen Rome you know where I'm going with this. He's marching the army down the path, this huge army. He pauses the army and then it just shows the next scene where the soldiers are huh. They're standing around waiting including the main two characters. The main two characters in that series are two roman soldiers. They sit and stand around like fuck. The reason they're standing waiting he's off the path banging some farm girl who is farming in the fields. He's banging her. He's having sex against a tree. They're waiting for him to finish. He doesn't give a fuck about the army. He's out independent. Emulate the frame. He has fantastic frame in the show. You'll notice he almost never gets angry. He almost never gets mad. He gets mad at the end of the series when he becomes a drug addict, when he's with Cleopatra which has happened in real life. Then he gets weird but other than that people are screaming at him, threatening to kill him. He's smiling. Doesn't give a shit. Joking around. Such a great character. I should rewatch that series. It's been a long time since.

- Where can I find hard statistics that show my friends to prove the west is collapsing?

Pick any economic statistic. The value of the US dollar, real wages, the amount of money in circulation, the amount of money being printed, the stock market bubble. You could pick any economic statistic. Crime rates, especially the last few years. I have a video coming up where I go through a bunch of stats and I linked all my stuff because I get that question a lot. I've linked to all the stuff on my blogs but you have to go through lots of different articles to read so I have one video that'll be like 30 minutes long with a chart. I'll go through every, not every as many as I can. The suicide rate, you name the statistic. It's gotten worse in the United States and the trend keeps continuing. It's not going to suddenly change because Trump.

- Writing my first book. Does OI produce a higher quality book? Does it make easier to write if you have higher OI?

No. It's a different topic. Not really, no. That is more about motivation and drive and interest in your topic and goals.

- Did you approach anxiety back when you had day game? Were OI or did you find it difficult to face rejections?

Back in the day of course which that's all men do. I was pretty OI back then about rejections because again it's some random girl at a mall. I don't care what she thinks about me. Who cares?

- Any plans on a self-confidence webinar?

No, if I get enough requests for it maybe.

- Andrew has confidence but not OI?

Andrew Tate, who I like is a classic Alpha Male 1.0. He is the caricature of an alpha male, well so is Donald Trump, Tom Cruise, extraordinarily off the chart confidence, zero OI. None. That's what an Alpha Male 1.0 is. A beta male is no OI and no confidence, low confidence. That's what a beta male is.

- What other gurus or men have your level of confidence and OI?

Not many. I mean I don't know. I never think about that. My favorite Red Pill guy is Rich Cooper. He's close. He has some outcome dependence but he's pretty OI for a Red Pill guy. I'd have to think about that. I don't know. I don't have an answer off the top head. OI is not a popular thing. Confidence is. It's easy to be confident and get on YouTube and be a confident badass. That's easy. Hard to be OI because that takes thought process and effort in modifying your personality. It's not as cool. Andrew Tate is a lot cooler than me. He's ripped. He smokes cool cigars and flies around private jets. He's a lot cooler than I am. He's also a lot younger than me. Got to factor that in there. I was cooler when I was younger but I gave more of a shit. It's cool to be confident. It's easier to be confident because it's more cool. OI isn't that cool. It's better because you're happy. You think Andrew Tate is happy. You think he has low drama relationships with these women. Nothing against him. I think he's fine.

- You have a look of a guy nobody wants to mess with but many guys especially younger ones don't have that. When a guy doesn't react to respect early many people take it as an encouragement to double down on the respect and escalate the situation. What would you recommend to guys like that? I guess my question is how not to give a fuck, yet don't be perceived as weak.

That's more about confidence than OI. That's lower confidence. When I walk around I walk around with confidence. I've never been mugged my entire life. I've been in some very dangerous places. A, I'm a big guy but I carry myself with confidence. Chest is out. Shoulders back up. I got a decent expression in my face. I don't look like I'm nervous. That's confidence. Confident body language. I use my space. You see I use my hands a lot. I use my space. I'm not afraid. That's more confidence than OI. Being confident. Looking like a bad ass. Act like a bad ass. That's confident.

- Fucked an independent woman recently. She was fairly OI for women.

Independents are a little more OI than normal girls but they're still girls. They're still girls. They will still be outcome dependent.

- Mark Antony sounds like Lyndon Johnson used to hold meetings with his advisors in the bathroom door while taking a shit. His advisors had to smell the fecal fumes. Not sure Lyndon Johnson was OI enough.

Lyndon Johnson was an Alpha Male 1.0, hardcore. He banging chicks in the White House. He was doing all that shit. He was very Alpha 1.0.

- Bill Murray in Stripes, very outcome independent.

Yes. Good example. Great. Not 100% because he was a leader. He wanted to lead. He didn't really want to lead though. That's great. Great example.

- Can you give some examples of using OI when consulting coaching with a client?

During your services with your clients you don't need as much OI. It's when you're selling yourself is when you need the OI. When I work with my coaching clients I am OI but I don't try to be because you've already paid me. An example of that would be not too afraid to tell them when they're wrong. I don't know if any of you are coached with me. I don't do a lot of coaching these days, one-on-one coaching. I do some. If you're wrong I'm going to say you're being a dumb ass. Don't do that. Stop doing that. That's stupid. Stop doing that. I have enough OI to say that to a paying client. I'm a little more nice when I'm consulting. I need to be a little more professional.

- Rich Cooper is very outcome dependent. He also seems really triggered by events he can't control. Richard Cooper is still a Red Pill guy. He's still a Red Pill guy and Red Pill teaches outcome dependence. Absolutely true. You're right.

- Rich Cooper's material is good but he seems like a Debbie Downer and kind of negative outlook. It's because he's a Red Pill guy. I said for a Red Pill guy. He's still a Red Pill guy.

- I like your stuff better because while you address the negative stuff you focus on the positive solution.
- That is correct.

- Can you do more of these webinars please even in or you can ask anything or a financial one?
- Yes. I have been behind schedule on these because of my recent transition to getting Pink Firefly to Dubai plus some other five flags shit. My goal is to stay consistent with these webinars. I actually talked about this in our staff meeting last week so yes, we're actually going to do more of these. We're going to do two a month instead of one a month. We've got a lot more of these coming. Don't worry. If you have suggestions let me know.

- Rich Cooper also puts a front. Tries to be a big tough guy, tries too hard. Often comes off as not caring but ironically shows that he cares a lot.
- Okay.

- Is Gary Busey outcome independent? Seems like he doesn't care what people think about him.
- Yes when he lost his mind. Off the chart OI because he's insane. If you go too far you become insane. He's hilarious so yes. Well, he's also mentally ill. He got into a motorcycle incident and it drove him insane. One of the funniest show ever, he did a show in MTV called Growing Up Busey or Master of Busey. It was hilarious. This little dumb, Asian beta male guy. The premise the show was it was a reality show. He's like my hero is Gary Busey. I'm going to follow Gary Busey around and ask for his wisdom. He said teach me

how to be a man. This is after Gary Busey went insane. Oh my god it was so funny. The kids like I'm reading this manual and duh, duh, duh for my college. Gary Busey was like, you know what you need to do with that? They're on a cliff. He picks it and just throws it off a cliff. That kid is like, no. Learn from that book. It was so funny. Gary Busey is. That's not a good example because he was insane.

- Can use the concept of OI to overcome insecurities you have about yourself?

To a degree. That's not what it's for but to a degree it will help yes.

- I'm amazed you haven't had to get up yet to pee.

That's the first thing I'm doing after we're done here but I'm good. I'm good. I have a very strong, powerful bladder. I've trained my bladder to retain lots of water so I can go watch Lord of the Rings the extended version for three hours and I'm fine but I have to go after. After I'm sure I will.

- How to raise kids who are OI?

That's difficult especially if they're girls. If they're girls you're fucked. They're not going to be OI. They're girls. You're fucked. Sorry. My daughter is not OI because she's a girl. My son is pretty good. He's not perfect but he's pretty good. He's pretty good. That's a very complicated topic and kind of beyond this webinar. It's a parenting topic. I talk about parenting in The Unchained Man. There's two full chapters on that. You should read those chapters and that will help everyone.

- What's a good way to break the ice and explain OI to your blue pill friends?

Do not try to train your blue pill friends in Alpha Male 2.0 including OI. They'll look at you funny and say what the fuck. It will not work. They have to want to change before they change.

- Back in the NASF days which PUA was the most OI? Was it hypnotica?

He was pretty good. PUAs are not OI. PUAs are very outcome dependent. That's one of the ways I stopped. I had to remove myself in that world. There was too much outcome dependence and dick measuring and clicks and getting angry. My way's the best way. Everyone's else's sucks. You're all scammers except me. I'm not a scammer but you're all scammers. Hypnotica was pretty good. I really like player supreme. Player supreme was awesome. He was one of the guys I looked at in terms of OI. Uh my buddy tuber he's pretty OI.

- Would raising your kids outside that woke, collapsing west help the kids become more OI?

No, it'd help them become better adults though. I'd be all over that.

- How can you apply OI retroactively for mistakes you made while trying to become Alpha 2.0 and your old beta male self-emerged and screwed things up for you?

What is stuff that happened in the past? Zone of Concern. You can't do anything about that so stop thinking about it. Here's how you manage the past. Learned this from Brian Tracy, one of my old mentors extract the lessons and then delete it. If you totally fucked up, even if it was last week. That's still the past.

Totally fucked up. You go okay and here's the two questions you ask. I always do this. What did I do well? What should I have done differently? Not how do I fuck this up? What did I do well? What would I what I've done differently? Extract the lessons and then it's gone. You don't think about it ever again. That's how you handle problems in the past. That's what I do. I don't think about my divorce or if someone asked me or you have to bring up on a topic like this. I learned a lot of good lessons from a divorce. Made me a better man. It's great.

- The PUA mystery was very outcome dependent. Standard PUA's are very outcome dependent. He was also very mentally weak and had constant breakdowns. A lot of those early PUA's. He wasn't as bad as other PUA's though to be fair to him.

I mean Neil Strauss is a mess. That was typical of the early generation of PUAs. That's true.

- I think he's close to being broke now and teaches the occasional in-person book camp in Europe? Very sad for someone who had such an amazing platform. He had his own show on VH1. He does. He still teaches boot camps.

I thought he stopped doing this shit. Really? I remember. I watched that show. Big audience would pay him lots of money. Keep this a secret you guys. This is not a public video. I can say this. I may be doing something with mystery coming up shortly. I'm not putting it together. Someone else is. We'll see if it actually happens. There's something I may be doing with mystery of all.

- Is it possible to be a good leader and OI?

It's possible but OI is not compatible with leadership. You don't care what people do so how are you going to be a leader? There are times you have to be. I have to lead my company. Is it possible? Yes, it's possible. OI does not bolster your leadership skills necessarily. It's a different skill set. Leadership and OI are completely different skill sets.

- Thank you for answering our questions.

You are very welcome. Cool.

- Please do something on mystery.

It's not up to me. We'll see. It's really not to me. It's up to some other people.

- Thank you Caleb. It was very informative.

You are very welcome. Thank you.

This is one of the most important topics I talk about. Take this seriously. Do this. It'll change your life, your whole life. I mean this. That's what a leverage skill does. That's why OI and time management, I harp on those things because they're so important because it fixes everything else in your life. It's awesome. All right. I'll wait 10 more seconds just in case

In a few days, please be patient. You will get the video, the audio, the notes. Then in about a week you'll get the transcript.

- Love a financial one and a general one. This is great.

Thanks. Cool.

- Very happy with this. I tend to think that I should have things done sooner than is realistic and get frustrated. How do I apply OI here?

You're not looking at the big picture. Speed is important. I agree with you. Speed is very important but you have to look at the big picture too. You're focused on the narrow, small picture. You need to expand, broaden your horizons and focus the bigger picture. That makes you more outcome independent.

- Respected and OI make a great YouTube video.

I should do a YouTube video on OI. I should do more. That is true. I should.

- Who are the most OI Red Pill people?

Red pill is the opposite of OI so there really isn't any. There are people who are less OI than others like Rich. Red pill does not teach OI. If you want someone OI you got to go outside the Red Pill world like me. I'm not really in that world. I mean I'm kind of attached to that world but I'm not in that world.

- You need to get more OI about laying hotter chicks. Currently stuck at 8.5.

There's no difference between having sex with 8.5 and a 9 and 9.5. There's no difference at all. That's all in your head. Tens are a little different but 8.5, there's no difference in 8.5. Literally none. If you're getting 8.5 you can do a 9.5 right now, tomorrow. You could be hooking up with a 9.5 by Wednesday.

I'm going to wrap this up. This was very good. Hope you had fun. I had fun. I like doing these. We will do more of these. We will start doing two of these a month hopefully soon. You'll be getting your materials within a few days. Please be patient. All right. Thank you very much. You're very welcome. Thank you very much. I will see you guys soon. Bye.